

CEREC CROWNS AND ONLAYS



You have just received a Cerec crown or onlay restoration on your tooth. Cerec dental restorations utilize the latest technology to create the finest dental restoration available today.

Please observe the following post-operative suggestions:

1. Do not chew on the restoration for 24 hours. The adhesive material continues to gain strength during this time.
2. Small pieces of excess bonding material may be found by your tongue for a couple of days. These pieces will normally come off with regular tooth brushing. If you feel anything sharp to your tongue, please call our office and the piece can be removed easily with an instrument.
3. If at first you cannot get floss between your teeth, just wait a few days and try again. If you continue to experience difficulty flossing, please call our office.
4. It is not unusual to experience some discomfort for a few days after receiving extensive restorative dental treatment. Please take Tylenol or Ibuprofen when you get home and before bedtime.
5. If your bite feels unusual after your anesthetic has worn off, please call our office.
6. Do not chew on ice or other hard objects. Avoid chewing very sticky foods such as "hard tack" candy because it can remove restorations.
7. To provide optimum longevity for your restorations and prevent future dental decay and supporting tissue breakdown, it is important to have regular 6 month preventive dental care. Inadequate return for examination is the most significant reason for failure of dental restorations.

We have done our best to provide you with the finest quality and natural dental restoration. We are committed to excellence and hope this restoration will give you many years of service.

Thank you!