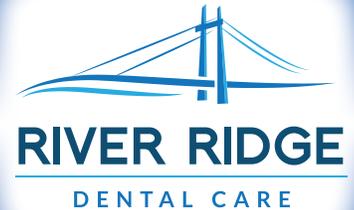


# Children's Dental Treatment



Dear Parents:

Your child needs a dental restoration (filling). Here are some helpful hints to make your child's experience a good one!

1. Please do not tell the child about a “**shot**” or joke with them about the dentist “pulling all their teeth”! This makes our job more difficult by scaring the child before the appointment. It is OK to tell them we may put a little “sleepy water” by their tooth. It puts their tooth to sleep, but won't make them sleepy.
2. If your child is scheduled close to meal time, it is a good idea to feed them before the appointment. The numb feeling lasts a few hours and the child shouldn't chew anything until that feeling is gone. This will help prevent them from accidentally chewing on their lip, tongue, or cheek after treatment.
3. Accompanying your child to the treatment room is allowed, but not recommended. Children cooperate better when Mom or Dad waits in the reception area. We show and explain everything thoroughly to your child before doing any treatment. We do not want to surprise or frighten your child with anything unfamiliar. We want to make this visit as comfortable and pleasant as possible.
4. Your child may bring their favorite CD or cassette tape to listen to during the treatment. At the end of the appointment, if the child has done well, we always visit the toy chest on the way out.

With your help, we can create a good experience for your child. Remember to always keep a positive tone when discussing dental treatment with your child!