

# TEMPORARY CROWNS OR BRIDGES



You have just received a plastic restoration that will serve for a short period of time while the laboratory makes your final restoration. A few comments about this temporary restoration will be helpful to you.

## **CHEWING**

- A. The temporary cement requires approximately 30 minutes to set up. **Please do not chew during that period of time.** We also encourage you to chew on the side opposite of where your temporary is located.
- B. Temporary restorations are not strong and will occasionally break or come off. If this occurs, please call us and we will replace it. If it occurs after hours or during the weekend, purchase denture adhesive (e.g., Fixodent or Poligrip) at the local pharmacy. Replace the temporary on your tooth with a small amount of this adhesive paste to hold it in place. This adhesive will retain the temporary restoration until you can see us. Please do not leave the temporary restoration out of your mouth, as the teeth will move and the final restoration will not fit. Call us to make an appointment to have the temporary restoration recemented within a few days or the tooth may develop sensitivity.
- C. Certain foods will stick to the temporary restoration. This will not happen with the final restoration to be cemented soon. Try to avoid chewing on the temporary restoration.

**BRUSHING AND FLOSSING:** Brush the area gently, but thoroughly. Always remove floss by pulling out sideways and not lifting up on it, as you could lift the temporary off the tooth.

**COLOR:** The color of the plastic temporary does not resemble the color of the final restoration.

**SHAPE & SIZE:** The size and shape of the plastic temporary does not resemble the final restoration.

**TOOTH SENSITIVITY:** Temporary restorations may allow saliva, bacteria, or food to leak underneath them. Sensitivity to cold, hot, or sweets is not uncommon. This sensitivity will not be present with your final restoration.

If you have any questions or concerns, please do not hesitate to call our office.